

## PARENTS FOR FUN IN FLAGSTAFF FAMILY RESOURCE CENTRE

funinflagstaff@telus.net  
780 385 2346

The Family Resource Centre is the Hub for Early Childhood in Flagstaff. We operate a drop in facility, and offer programming, services and resource for children 0-6 and their families. Including family programs/events, car seat checks, developmental programs and a place to connect with other families.

[www.parentsforfuninflagstaff.com](http://www.parentsforfuninflagstaff.com)

## BUILDING BLOCKS FAMILY LITERACY PROGRAM

literacy@fcal.net  
780 385 3712

Building Blocks Family Literacy Program is free to residents of Flagstaff County. We offer healthy learning ideas for parents and caregivers through family sessions based in your home or in a group setting. Literacy Builders work with your strengths to help your children develop strong learning skills in a fun family way. Serves children aged 1-5.

[www.fcal.net](http://www.fcal.net)

## CAMROSE FAMILY RESOURCE CENTRE - RURAL

d.ostafichuk@camrosefrc.com  
780 672 0141

The Camrose Family Resource Centre is proud to be a part of the Camrose and Area Family Resource Network. We provide universal, targeted and intensive supports and services to families with children aged 0-18. This includes playgroups, parent education (including Triple P), developmental screenings, intensive family support (in person or virtually), family programs and events.

[www.camrosefrc.com](http://www.camrosefrc.com)

## PRAIRIE CENTRAL FASD ASSOCIATION

j.willes@prairiecentralfasd.ca  
587-386-0186

Prairie Central FASD Association works to enhance the capacity of our communities to prevent Fetal Alcohol Spectrum Disorder (FASD) and support those impacted by an FASD through education, service delivery and collaboration.

[www.prairiecentralfasd.ca](http://www.prairiecentralfasd.ca)

## EARLY INTERVENTION (AHS)

403-742-3326

The Early Intervention Program offers home-based support to families with children that have developmental delays or disabilities, aged 0-5 years of age. The program works with families in their natural home environments and may do a developmental screening process with the family and make referrals as needed. We work with families to find answers to their questions about their child's delay or disability and connect families to community resources and services. We give information about development, behavior challenges, and parenting issues and will develop an individualized Family Service Plan. We support the family to plan your child's preschool years.

Families can make a referral by calling our Coordinated Intake at 1-855-414-5272.

## CHILDREN'S REHABILITATION SERVICES (AHS)

karen.macneil@ahs.ca  
cheryl.wagar@ahs.ca  
kassandra.stanton@ahs.ca  
780 374 0313

Speech-Language Pathology partners with families and health care providers to support children who have trouble communicating due to speech, language, social skills, communication, nonverbal communication voice, stuttering, or swallowing concerns. Occupational Therapy partners with families and health care providers to support the child's ability to participate in daily activities. Support could include helping your child in the following areas: fine motor, self regulating, feeding, toileting, equipment needs and or life skills. Physical Therapy partners with families and health care providers to support children who have trouble with movement. Support could include helping your child in the following areas: reaching their developmental milestones like rolling, crawling and walking, moving independently, head shape, balance, strength, flexibility or coordination and obtaining supportive equipment.

Families can make a referral by calling our Coordinated Intake at 1-855-414-5272.

<https://www.albertahealthservices.ca>

## PUBLIC HEALTH NUTRITION (AHS)

publichealthnutrition.centralzone@ahs.ca  
780 679 2980

Public Health Dietitians work with communities to support Central Albertans to eat healthy where they live, learn, work, and play. Public Health Dietitians support improving healthy eating environments in your community, school, child care, recreation centre, or workplace. Public Health Dietitians deliver online nutrition workshops that are open to pregnant women as well as parents and care givers of young children. Visit the AHS Nutrition Services website [ahs.ca/nutrition](http://ahs.ca/nutrition) for more information.

## HEALTHY FAMILIES

kmatier@cafcl.org  
780 385 8501

Home Visitation focuses on strengthening and supporting parent child interactions. This is a voluntary in-home service offered to parents and parents-to-be in support of raising children to be healthy, safe, and secure. Our approach is family-centered and strength-based, we work in partnership with families and tailor services to best meet their needs. The program entry target is parents-to-be and families with children 0-6 years of age. Our enhanced home visitation also supports engagement with siblings within the home up to age 13.

## FLAGSTAFF FAMILY AND COMMUNITY SERVICES

reception@flagstafffcs.ca  
780 385 3976

Flagstaff Family and Community Services (FFCS): creating a caring community where people help people through education and support.

Counseling Program - General Family Counseling  
FIRST - Flagstaff's Informed Response Sharing Team

## SEDGEWICK COMMUNITY/PUBLIC HEALTH CENTRE

780-384-3652

Alberta Health Services provides a wide range of health services that may include prenatal/postpartum services, health promotion/disease and injury prevention services, well child services, immunizations, communicable disease control, and school health services. Immunizations are free of charge.



## SERVICE AND RESOURCE GUIDE

## MIDWEST FAMILY CONNECTIONS – PRESCHOOL MENTAL HEALTH INITIATIVE PROGRAM

info@midwestfamilyconnections.ca  
306-825-5911

Preschool Mental Health will specifically address mental health outcomes for preschool aged children (birth to 6th birthday) through increased capacity of the parents and caregivers to understand and meet the social and emotional needs of their child(ren). PMH builds on the resources available within the service area and focuses on unmet needs. Identified needs must be identified by an ASQ:SE or an infant mental health diagnosis.

[www.midwestfamilyconnections.ca](http://www.midwestfamilyconnections.ca)

## CHILDRENS AND YOUTH MENTAL HEALTH (AHS)

780-385-7161

To access addiction or mental health services in the Flagstaff area, call the Killam Mental Health Clinic. If someone is experiencing a mental health crisis, please call the Mental Health Help Line at 1-877-303-2642 or call 911.

## CAMROSE OPEN DOOR- RURAL

referral@theopendoors.ca  
CAMROSE OFFICE: 780-679-6803  
RURAL PHONE: 780-781-8191

We are a regional organization that offers support services and hope to youth and adults in need and their families. We offer services with a holistic wraparound approach. The Camrose Open Door Association provides services to rural communities all throughout East Central Alberta.

[www.camroseopendoor.com](http://www.camroseopendoor.com)

## GIBSON PLACE

reception@flagstafffcs.ca  
780 385 3976

Gibson Place is a supervised gathering hub for Flagstaff youth aged 12-17. Located in Killam, back door of the Flagstaff Family and Community Services Building. Funded by Gibson Energy.

## NEWCOMER CONNECTOR

flagstaffconnector@gmail.com  
780-385-1936

The newcomer connector welcomes newcomers to all of Flagstaff County and offers support as they settle in. We connect newcomers to community resources. We can help with: finding employment, getting a driver's license and Alberta Health Care number, finding a doctor or child care, learning English, Citizenship Prep. and answering any questions. We hold events to help newcomers meet people and become a part of the community. Each newcomer is given a welcome bag full of community information.

[www.fcal.net](http://www.fcal.net)

## IMAGINATION LIBRARY OF FLAGSTAFF COUNTY

iimaginationlibfc@gmail.com

Dolly Parton's Imagination Library of Flagstaff County is a free book gifting program devoted to inspiring a love of reading in the hearts of children everywhere. Each month, enrolled children receive a high quality, age appropriate book in the mail, free of charge. Children receive books from birth to age five.

[www.imaginationlibrary.com/ca/](http://www.imaginationlibrary.com/ca/)

## FLAGSTAFF COUNTY PLAYSCHOOLS

### KILLAM TINY TOTS PLAYSCHOOL

### SEDGEWICK PRESCHOOL

### FORESTBURG LEARN AND PLAYSCHOOL

### DAYSLAND PRESCHOOL

### HARDISTY TODDLERS INN PLAYSCHOOL

### LOUGHEED PLAYSCHOOL

FOR ALL PRESCHOOL CONTACTS AND INFORMATION PLEASE VISIT  
[WWW.PARENTSFORFUNINFLAGSTAFF.COM](http://WWW.PARENTSFORFUNINFLAGSTAFF.COM)  
OR CALL 780-385-2346

## CHILDCARE SERVICES

### FLAGSTAFF KIDS CONNECTION DAYCARE

flagstaffdaycare@gmail.com  
780 385 0672

Licensed facility that strives to provide quality child care to those in the community and surrounding area. We have certified staff that plan around the Flight Framework. We offer morning and afternoon snacks, which are included in our monthly fees. We also offer drop off and pick up from the community playschool program. Families are also more than welcome to apply for subsidy and we also offer the affordability grant, to help lower fees for our families.

[www.flagstaffdaycare.com](http://www.flagstaffdaycare.com)

### FLAGSTAFF FAMILY DAY HOME

dayhome@flagstafffcs.ca  
780 385 2488

Licensed Family Day Home Agency in the communities of Flagstaff County for over 30 years. The Agency recruits, approves, trains, supports and monitors licensed day homes. Certified Early Childhood Educators provide quality programming focused on child development in safe, home environments. Meals and snacks are provided. Subsidy and other government programs are available for eligible families.

[www.flagstafffamilydayhome.com](http://www.flagstafffamilydayhome.com)

### JP'S COUNTRY DAYCARE LTD.

jpgcountrydaycare@gmail.com  
780 374 3895

Licensed daycare and out of school program in Daysland. Open 6:30 a.m. to 6:00 p.m. Certified staff. Transportation to and from Daysland School and Playschool. All meals and snacks are provided.

### WILLOWTREE CHILDREN'S SOCIETY

wtcociety@hotmail.com  
780 856 3839

Licensed, quality childcare located within the town of Hardisty! We strive to provide affordable childcare in a warm and welcoming home like environment. Our center is open Monday-Friday offering full, part and casual spots with flexible scheduling! Come join the fun.