

HEALTHY FAMILIES

kmatier@cafcl.org
780 385 8501

Home Visitation focuses on strengthening and supporting parent child interactions. This is a voluntary in-home service offered to parents and parents-to-be in support of raising children to be healthy, safe, and secure. Our approach is family-centered and strength-based, we work in partnership with families and tailor services to best meet their needs. The program entry target is parents-to-be and families with children 0-6 years of age.

BUILDING BLOCKS FAMILY LITERACY PROGRAM

fcaloffice09@gmail.com
780 385 3712

The Building Blocks Family Literacy Program is free for Flagstaff County residents. We provide parents and caregivers with foundational learning strategies through family sessions. Held in group settings, our facilitators bring families together to share ideas, strengthen early learning, and build a sense of community. The program supports parents/caregivers and their children aged 1-5 years old.

www.fcal.net

CAMROSE & AREA FAMILY RESOURCE NETWORK - RURAL

d.ostafichuk@camrosefrc.com
780 672 0141

The Camrose Family Resource Centre is proud to be a part of the Camrose and Area Family Resource Network. We provide universal, targeted and family supports and services to families with children aged 0-18. This includes playgroups, parent education (including Triple P), developmental screenings, intensive family support (in person or virtually), family programs and events.

www.camrosefrc.com

ACAA (ASSOCIATION OF COMMUNITIES AGAINST ABUSE)

info@ACAAhelps.ca
780 742 3558
1 866 807 3558

Services specializing in sexual violence prevention and support for those impacted by it. 1. Specialized trauma therapy and counselling. 2. Education programs for students, educators and parents 3. Professional Development for recognizing and responding to disclosures of sexual violence 4. Specialized crisis and community support for individuals and loved ones impacted by sexual violence. ACAA can help.

www.acaahelps.ca

EARLY CHILDHOOD INTERVENTION PROGRAM

INTAKE AT 1-855-414-5272

The Early Intervention Program offers home-based support to families with children that have developmental delays or disabilities, aged 0-5 years of age. The program works with families in their natural home environments and may do a developmental screening process with the family and make referrals as needed. We work with families to find answers to their questions about their child's delay or disability and connect families to community resources and services. We give information about development, behaviour challenges, and parenting issues and will develop an individualized Family Service Plan. We support the family to plan your child's preschool years.

Families can make a referral by calling our Coordinated Intake at 1-855-414-5272.

CHILDREN'S REHABILITATION SERVICES

karen.macneil@ahs.ca
cheryl.wagar@ahs.ca
780 374 0313

Speech-Language Pathology partners with families and health care providers to support children who have trouble communicating due to speech, language, social skills, communication, nonverbal communication voice, stuttering, or swallowing concerns. Occupational Therapy partners with families and health care providers to support the child's ability to participate in daily activities. Support could include helping your child in the following areas: fine motor, self regulating, feeding, toileting, equipment needs and or life skills. Physical Therapy partners with families and health care providers to support children who have trouble with movement. Support could include helping your child in the following areas: reaching their developmental milestones like rolling, crawling and walking, moving independently, head shape, balance, strength, flexibility or coordination and obtaining supportive equipment.

Families can make a referral by calling our Coordinated Intake at 1-855-414-5272.

<https://www.albertahealthservices.ca>

PUBLIC HEALTH NUTRITION

publichealthnutrition.centralzone@ahs.ca
780 679 2980

Public Health Dietitians work with communities to support Central Albertans to eat healthy where they live, learn, work, and play. Public Health Dietitians support improving healthy eating environments in your community, school, child care, recreation centre, or workplace. Public Health Dietitians deliver online nutrition workshops that are open to pregnant women as well as parents and care givers of young children. Visit the AHS Nutrition Services website ahs.ca/nutrition for more information.

PARENTS FOR FUN IN FLAGSTAFF FAMILY RESOURCE CENTRE

funinflagstaff@telus.net
780 385 2346

The Family Resource Centre is the Hub for Early Childhood in Flagstaff. We operate a drop in facility, and offer programming, services and resource for children 0-6 and their families. Including family programs/events, car seat checks, developmental programs and a place to connect with other families.

www.parentsforfuninflagstaff.com

FLAGSTAFF FAMILY AND COMMUNITY SERVICES

reception@flagstafffcs.ca
780 385 3976

Flagstaff Family and Community Services (FFCS): creating a caring community where people help people through education and support.

Mental Wellness Program: counselling and wellness supports for children, individuals and families 4 years and up.

Email: cwf@flagstafffcs.ca

FIRST - Flagstaff's Informed Response Sharing Team

www.flagstafffcss.ca

SEDGEWICK COMMUNITY/PUBLIC HEALTH CENTRE

780-384-3652

Alberta Health Services provides a wide range of health services that may include prenatal/postpartum services, health promotion/disease and injury prevention services, well child services, immunizations, communicable disease control, and school health services. Immunizations are free of charge.



Flagstaff

CHILD & YOUTH
COALITION

SERVICE AND RESOURCE GUIDE

UPDATED AUGUST 2026

MIDWEST FAMILY CONNECTIONS PRESCHOOL MENTAL HEALTH

info@midwestfamilyconnections.ca
306 825 5911

Preschool Mental Health will specifically address mental health outcomes for preschooler aged children (birth to 6th birthday) who are experiencing delays in social emotional development or who have a mental health diagnosis. Through enhancing parenting knowledge, skills, resources, and confidence about social emotional development. Encouraging children's development & promoting family wellness.

www.midwestfamilyconnections.ca

CHANGING WAYS

info@changing-ways.ca
780 672 2833

Changing Ways offers practical, non-judgmental support for men, women, youth, and families in Camrose and surrounding communities. Our family violence services include prevention groups, youth groups, one-to-one support, skill building for boys, workshops, and parent sessions. Individuals can contact us directly, and referrals are welcome from parents, schools, and community agencies.

www.changing-ways.ca

THE OPEN DOORS - RURAL

referral@theopendoors.ca
CAMROSE OFFICE: 780 679 6803
HELP LINE: 780-679-HELP (4357)

We are a regional organization that offers support services and hope to youth and adults in need and their families. We offer services with a holistic wraparound approach. The Camrose Open Door Association provides services to rural communities all throughout East Central Alberta.

www.theopendoors.ca

PRAIRIE CENTRAL FASD ASSOCIATION

j.willes@prairiecentralfasd.ca
587-386-0133

Prairie Central FASD Association works to enhance the capacity of our communities to support healthy pregnancies and those with Fetal Alcohol Spectrum disorder, their families and caregivers, through education, service delivery and collaboration.

www.prairiecentralfasd.ca

RECOVERY ALBERTA - MENTAL HEALTH AND ADDICTION SERVICES

780-385-7161

If someone is experiencing a mental health crisis, please call the Mental Health Help Line at 1-877-303-2642, visit your local hospital or call 911.

NEWCOMER CONNECTOR

fcalprograms@gmail.com
780-385-3712

The newcomer connector welcomes newcomers to all of Flagstaff County and offers support as they settle in. We connect newcomers to community resources. We can help with: finding employment, getting a driver's license and Alberta Health Care number, finding a doctor or child care, learning English, Citizenship Prep. and answering any questions. We hold events to help newcomers meet people and become a part of the community. Each newcomer is given a welcome bag full of community information.

www.fcal.net

IMAGINATION LIBRARY OF FLAGSTAFF COUNTY

imaginationlibfc@gmail.com

Dolly Parton's Imagination Library of Flagstaff County is a free book gifting program devoted to inspiring a love of reading in the hearts of children everywhere. Each month, enrolled children receive a high quality, age appropriate book in the mail, free of charge. Children receive books from birth to age five. Register by visiting:

www.imaginationlibrary.com

NIGHTS ALIVE YOUTH CENTRE

reception@flagstaffccs.ca
780 385 3976

Nights Alive Youth Centre is a supervised gathering hub for Flagstaff youth ages 12-17. Located in Killam, entrance located at the back door of Flagstaff Family and Community Services Building - 4809-49 Ave, open Friday & Saturday nights.

FLAGSTAFF COUNTY PLAYSCHOOLS

KILLAM TINY TOTS PLAYSCHOOL

SEDGEWICK PRESCHOOL

FORESTBURG LEARN AND PLAYSCHOOL

DAYSLAND PRESCHOOL

HARDISTY TODDLERS INN PLAYSCHOOL

LOUGHEED PLAYSCHOOL

FOR ALL PRESCHOOL CONTACTS AND INFORMATION PLEASE VISIT
WWW.PARENTSFORFUNINFLAGSTAFF.COM
OR CALL 780-385-2346

CHILDCARE SERVICES

FLAGSTAFF KIDS CONNECTION DAYCARE

flagstaffdaycare@gmail.com
780 385 0672

We are a licensed childcare facility committed to delivering high-quality care to families in our community and surrounding areas. Our certified staff design engaging programs guided by the Flight Framework, fostering curiosity, growth, and a love of learning. We provide nutritious morning and afternoon snacks, included in monthly fees, and offer convenient drop-off and pick-up to the community playschool program. Families are also invited to join our Board of Directors, giving them the opportunity to play an active role in shaping their children's early learning journey.

www.flagstaffdaycare.com

FLAGSTAFF FAMILY DAY HOMES

coordinator@flagstafffamilydayhome.com
780 385 2488

Licensed Family Day Home Agency in the communities of Flagstaff County for over 30 years. The Agency recruits, approves, trains, supports and monitors licensed day homes. Certified Early Childhood Educators provide quality programming focused on child development in safe, home environments. Government grant programs available for children who meet hours in care and age requirements.

www.flagstafffamilydayhome.com

JP'S COUNTRY DAYCARE LTD.

jpgcountrydaycare@gmail.com
780 374 3895

Licensed daycare and out of school program in Daysland. Open 6:30 a.m. to 6:00 p.m. Certified staff. Transportation to and from Daysland School and Playschool. Breakfast, lunch and snacks provided.

WILLOWTREE CHILDREN'S SOCIETY

wtcociety@hotmail.com
ADMINISTRATION: 780 856 3839
CENTER: 780 888 7097

Licensed, high quality childcare located within the town of Hardisty! We provide affordable childcare in a warm, welcoming environment. Our highly educated staff focus on offering developmentally appropriate, stimulating activities for your child. We are open Monday-Friday offering full, part and casual spots with flexible scheduling. Come join the fun!